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小学专用:	
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SAGARAMUDRA BUDDHIST SOCIETY 海印学佛会

Participant's Copy 参加者附件



5 Lor 29 Geylang Singapore 388060 Tel : 6746 7582

www.sagaramudra.org.sg

Eight Precepts Observance

欢迎您参加海印学佛会主办的八关斋戒

Observance date 斋戒日期: 22/03 24/05 26/07 22/11/2025 Observance time 斋戒时间: 9.00 am 卒 8.00 pm (星期六/Saturday)

Observance Venue 报到地点**:** Sagaramudra Buddhist Society 4th Floor Shrine Hall 海印学佛会四楼大殿

* Please report in earlier 30 minutes / 请提前半小时报到

Notes / 注意事项:

- 1. Please bring your own HaiQing robe, jacket, tower etc. to keep warm. 请自备海青、外套、大毛巾等以保暖。
- 2. Please wear loose-fitting and simple clothing to facilitate meditation and other activities. 请穿宽松及朴素的衣服,方便打坐及其他活动。
- 3. Please do not bring valuables as the society will not be responsible for any loss. 请勿携带贵重物品。(如有遗失,恕本学会不负责。)
- 4. Please do not adorn jewellery and perfume.
 - 不得涂香水及佩戴任何首饰。
- 5. In order to facilitate self-discovery and self-mastery, please practice silence and maintain peace and quiet.
 - 斋戒期间,为达到自我发现、自我掌握,要把戒守得清净,故须"禁语",不得对外联络。
- 6. Please switch your mobile devices to silent mode. 携带手机者,请关机或转到无声状态。
- Please change your clothing in the washroom.
 只能在洗手间内更衣。
- 8. Please do not leave the premises unnecessarily. 请不要随意离开八关斋戒活动范围。

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- 9. Please avoid packing your things during the resting period as the noise created (e.g. the rustling of plastic bags) may disturb others.
 休息时,请避免收拾东西或翻动塑胶袋制造吵杂声,干扰佛友休息。
- 10. The society will not be liable for any injury, damage, financial or other losses arising from this activity.

海印学佛会概不负责此八关斋戒所有受戒者遭遇的任何伤亡、毁损或财务损失,包括所有与此相关的索偿费用。

- 11. Registration is confirmed upon payment and it is not transferable. 报名付费后方确定名额,名额不得转让/更改日期。
- 12. Kindly inform us if you are not able to attend. Fees paid will not be refunded. 报名后若无法参加请通知本会,恕不退款。

Remark 备注:

#Visitors are not required to be fully vaccinated.

戒子无需完成疫苗接种。

#Please rest at home if you feeling unwell.

若您感到身体不适,请在家休息。

#As we are having precept indoor and in enclosed air-conditioned environment, the Society encourage you to wear your mask (Not Compulsory).

由于在封闭式空调的环境受戒,学会建议戒子们戴上口罩(不强制)。

Please note 请注意:

By submitting this form, I consent to the collection, use, and disclosure of my personal data by Sagaramudra Buddhist Society. Please refer to www.sagaramudra.org.sg/privacy for details. 通过提交此表格,我同意海印学佛会收集、使用和披露我的个人数据。请参阅www.sagaramudra.org.sg/privacy 了解详情。

Payment Method / 付款方式:

- For payment by cheque, please cross the cheque and make it payable to: "Sagaramudra Buddhist Society".
 - 若以支票付款、请画双线。收款者: "Sagaramudra Buddhist Society"。
- 2. For cash/NETS payment, kindly visit the society 4 level counter during office hours. 若以现金/NETS付款、则请于办公时间亲临本会四楼柜台。
- 3. PayNow (UEN: \$88\$\$0090C).

Please Email or WhatsApp your Full Name, Contact Number and transaction reference to us.

请将您的姓名、联络电话及转账交易记录发电邮或WhatsApp给我们电邮/Email: enquiries@sagaramudra.org.sg / WhatsApp (91732249)

敬祝

身心安康, 法喜充满。

With Metta.

