本会专用:	
<b>小完专用:</b>	

八关斋戒报名表格 (2026)

Observance date: \*请圈 /please circle

斋戒日期:	21/03	23/05	25/07	26/09	28/11/2026	
Name:						
姓名:						
Gender 性别:	☐ Male	- / 男 ロ	Female / 女			
HP No. :			Home	No.:		
手提电话:			住家	电话:		
Are you a men	nber of our	Society?	□ Yes / 是	: (会员号码	马:)	
您是本会会员	₹?		□ No/不	是 (系统등	}码:)	
I declare that the above personal particulars are correct. 兹证明我所提供的资料正确无误。  I have read and understood the rules.  本人已阅读并了解八关斋戒所应注意事项。						
Date / 日期 : Signature / 签名:						
For Official Use / 本会专用						
金额 Fee : □会员-\$15 □非会员-\$20						
□Cash □Pa	yNow [	]Nets:	□	Cheque: _		_
收据号码:			经手人/	日期:		
			1			

Participant's Copy 参加者附件



5 Lor 29 Geylang Singapore 388060 Tel : 6746 7582

www.sagaramudra.org.sg

## **Eight Precepts Observance**

# 欢迎您参加海印学佛会主办的八关斋戒

Observance Venue 报到地点: Sagaramudra Buddhist Society 4<sup>th</sup> Floor Shrine Hall 海印学佛会四楼大殿

## \* Please report in earlier 30 minutes / 请提前半小时报到

#### Notes / 注意事项:

- Please bring your own HaiQing robe, jacket, tower etc. to keep warm. 请自备海青、外套、大毛巾等以保暖。
- 2. Please wear loose-fitting and simple clothing to facilitate meditation and other activities. 请穿宽松及朴素的衣服,方便打坐及其他活动。
- 3. Please do not bring valuables as the society will not be responsible for any loss. 请勿携带贵重物品。(如有遗失,恕本学会不负责。)
- 4. Please do not adorn jewellery and perfume.

不得涂香水及佩戴任何首饰。

5. In order to facilitate self-discovery and self-mastery, please practice silence and maintain peace and quiet.

李动期间 为法列户我发现 白我觉据 西如或克得法条 娇须"林海" 不得对

斋戒期间,为达到自我发现、自我掌握,要把戒守得清净,故须"禁语",不得对外联络。

- 6. Please switch your mobile devices to silent mode. 携带手机者,请关机或转到无声状态。
- Please change your clothing in the washroom.
   只能在洗手间内更衣。
- 8. Please do not leave the premises unnecessarily. 请不要随意离开八关斋戒活动范围。

- 9. Please avoid packing your things during the resting period as the noise created (e.g. the rustling of plastic bags) may disturb others.
  休息时,请避免收拾东西或翻动塑胶袋制造吵杂声,干扰佛友休息。
- 10. The society will not be liable for any injury, damage, financial or other losses arising from this activity.

- 11. Registration is confirmed upon payment and it is not transferable. 报名付费后方确定名额,名额不得转让/更改日期。
- 12. Kindly inform us if you are not able to attend. Fees paid will not be refunded. 报名后若无法参加请通知本会,恕不退款。

#### Remark 备注:

#Visitors are not required to be fully vaccinated.

戒子无需完成疫苗接种。

#Please rest at home if you feeling unwell.

若您感到身体不适,请在家休息。

#As we are having precept indoor and in enclosed air-conditioned environment, the Society encourage you to wear your mask (Not Compulsory).

由于在封闭式空调的环境受戒,学会建议戒子们戴上口罩(不强制)。

#### Please note 请注意:

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## Payment Method / 付款方式:

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Please Email or WhatsApp your Full Name, Contact Number and transaction reference to us.

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#### 敬祝

身心安康,法喜充满。



本会专用:	
小学专用:	
TH A 4 / I I :	

八关斋戒报名表格 (2026)

Observance d	ate:*请圈	/please circl	e				
斋戒日期:	21/03	23/05	25/07	26/09	28/11/2026		
Name: 姓名:							
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HP No. :			Hom	e No. :			
手提电话:			住家	电话:			
7 % 3 % 1			1277				
Are you a mer	nber of our	Society?	□ Yes/馬	릴 (会员号码	∄ :	)	
您是本会会员	员?		□ No/不	是 (系统号	福:	_)	
I declare that 兹证明我所 I have read an 本人已阅读	是供的资料 id understo	上确无误。 od the rules		correct.			
Date / 日期:	Date / 日期 : Signature / 签名:						
	F	or Officia	al Use / 2	太会专用			
金额 Fee : □会员-\$15 □非会员-\$20							
□Cash □Pa	ayNow □	lNets:	□	Cheque: _		_	
收据号码:			经手人/	日期:			

Participant's Copy 参加者附件



5 Lor 29 Geylang Singapore 388060 Tel : 6746 7582

www.sagaramudra.org.sg

## **Eight Precepts Observance**

# 欢迎您参加海印学佛会主办的八关斋戒

Observance date 斋戒日期: 21/03 23/05 25/07 26/09 28/11/2026 Observance time 斋戒时间: 9.00 am 至 8.00 pm (星期六/Saturday)

Observance Venue 报到地点: Sagaramudra Buddhist Society 4<sup>th</sup> Floor Shrine Hall 海印学佛会四楼大殿

## \* Please report in earlier 30 minutes / 请提前半小时报到

#### Notes / 注意事项:

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- 2. Please wear loose-fitting and simple clothing to facilitate meditation and other activities. 请穿宽松及朴素的衣服,方便打坐及其他活动。
- 3. Please do not bring valuables as the society will not be responsible for any loss. 请勿携带贵重物品。(如有遗失,恕本学会不负责。)
- 4. Please do not adorn jewellery and perfume.
  - 不得涂香水及佩戴任何首饰。
- 5. In order to facilitate self-discovery and self-mastery, please practice silence and maintain peace and quiet.

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- 7. Please change your clothing in the washroom. 只能在洗手间内更衣。
- 8. Please do not leave the premises unnecessarily. 请不要随意离开八关斋戒活动范围。

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#### 敬祝

身心安康,法喜充满。



本会专用:	
小学专用:	
TH A 4 / I I :	

八关斋戒报名表格 (2026)

Observance d	ate:*请圈	/please circl	e				
斋戒日期:	21/03	23/05	25/07	26/09	28/11/2026		
Name: 姓名:							
Gender 性别:	☐ Male	/ 男 口	Female / 女				
HP No. :			Hom	e No. :			
手提电话:			住家	电话:			
7 % 3 % 1			1277				
Are you a mer	nber of our	Society?	□ Yes/馬	릴 (会员号码	∄ :	)	
您是本会会员	员?		□ No/不	是 (系统号	福:	_)	
I declare that 兹证明我所 I have read an 本人已阅读	是供的资料 id understo	上确无误。 od the rules		correct.			
Date / 日期:	Date / 日期 : Signature / 签名:						
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金额 Fee : □会员-\$15 □非会员-\$20							
□Cash □Pa	ayNow □	lNets:	□	Cheque: _		_	
收据号码:			经手人/	日期:			

Participant's Copy 参加者附件



5 Lor 29 Geylang Singapore 388060 Tel : 6746 7582

www.sagaramudra.org.sg

## **Eight Precepts Observance**

# 欢迎您参加海印学佛会主办的八关斋戒

Observance date 斋戒日期: 21/03 23/05 25/07 26/09 28/11/2026 Observance time 斋戒时间: 9.00 am 至 8.00 pm (星期六/Saturday)

Observance Venue 报到地点: Sagaramudra Buddhist Society 4<sup>th</sup> Floor Shrine Hall 海印学佛会四楼大殿

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#### 敬祝

身心安康,法喜充满。



本会专用:	
小学专用:	
TH A 4 / I I :	

八关斋戒报名表格 (2026)

Observance d	ate:*请圈	/please circl	e				
斋戒日期:	21/03	23/05	25/07	26/09	28/11/2026		
Name: 姓名:							
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HP No. :			Hom	e No. :			
手提电话:			住家	电话:			
7 % 3 % 1			1277				
Are you a mer	nber of our	Society?	□ Yes/馬	릴 (会员号码	∄ :	)	
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Participant's Copy 参加者附件



5 Lor 29 Geylang Singapore 388060 Tel : 6746 7582

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## **Eight Precepts Observance**

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#### 敬祝

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本会专用:	
小学专用:	
TH A 4 / I I :	

八关斋戒报名表格 (2026)

Observance d	ate:*请圈	/please circl	e				
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Name: 姓名:							
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HP No. :			Hom	e No. :			
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7 % 3 % 1			1277				
Are you a mer	nber of our	Society?	□ Yes/馬	릴 (会员号码	∄ :	)	
您是本会会员	员?		□ No/不	是 (系统号	福:	_)	
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- 2. Please wear loose-fitting and simple clothing to facilitate meditation and other activities. 请穿宽松及朴素的衣服,方便打坐及其他活动。
- 3. Please do not bring valuables as the society will not be responsible for any loss. 请勿携带贵重物品。(如有遗失,恕本学会不负责。)
- 4. Please do not adorn jewellery and perfume.
  - 不得涂香水及佩戴任何首饰。
- 5. In order to facilitate self-discovery and self-mastery, please practice silence and maintain peace and quiet.

  李动期间 为法列户我发现 白我觉据 西如或克得法条 娇须"林海" 不得对
  - 斋戒期间,为达到自我发现、自我掌握,要把戒守得清净,故须"禁语",不得对外联络。
- 6. Please switch your mobile devices to silent mode. 携带手机者,请关机或转到无声状态。
- 7. Please change your clothing in the washroom. 只能在洗手间内更衣。
- 8. Please do not leave the premises unnecessarily. 请不要随意离开八关斋戒活动范围。

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  休息时,请避免收拾东西或翻动塑胶袋制造吵杂声,干扰佛友休息。
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- 12. Kindly inform us if you are not able to attend. Fees paid will not be refunded. 报名后若无法参加请通知本会,恕不退款。

#### Remark 备注:

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若您感到身体不适,请在家休息。

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#### 敬祝

身心安康,法喜充满。



本会专用:	
小学专用:	
TH A 4 / I I :	

八关斋戒报名表格 (2026)

Observance d	ate:*请圈	/please circl	e				
斋戒日期:	21/03	23/05	25/07	26/09	28/11/2026		
Name: 姓名:							
Gender 性别:	☐ Male	/ 男 口	Female / 女				
HP No. :			Hom	e No. :			
手提电话:			住家	电话:			
7 % 3 % 1			1277				
Are you a mer	nber of our	Society?	□ Yes/馬	릴 (会员号码	∄ :	)	
您是本会会员	员?		□ No/不	是 (系统号	福:	_)	
I declare that 兹证明我所 I have read an 本人已阅读	是供的资料 id understo	上确无误。 od the rules		correct.			
Date / 日期:	Date / 日期 : Signature / 签名:						
	F	or Officia	al Use / 2	太会专用			
金额 Fee : □会员-\$15 □非会员-\$20							
□Cash □Pa	ayNow □	lNets:	□	Cheque: _		_	
收据号码:			经手人/	日期:			

Participant's Copy 参加者附件



5 Lor 29 Geylang Singapore 388060 Tel : 6746 7582

www.sagaramudra.org.sg

## **Eight Precepts Observance**

# 欢迎您参加海印学佛会主办的八关斋戒

Observance date 斋戒日期: 21/03 23/05 25/07 26/09 28/11/2026 Observance time 斋戒时间: 9.00 am 至 8.00 pm (星期六/Saturday)

Observance Venue 报到地点: Sagaramudra Buddhist Society 4<sup>th</sup> Floor Shrine Hall 海印学佛会四楼大殿

## \* Please report in earlier 30 minutes / 请提前半小时报到

#### Notes / 注意事项:

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- 8. Please do not leave the premises unnecessarily. 请不要随意离开八关斋戒活动范围。

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本会专用:	
小学专用:	
TH A 4 / I I :	

八关斋戒报名表格 (2026)

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Name: 姓名:						
Gender 性别:	☐ Male	/ 男   ロ	Female / 女	ζ		
HP No. :			Hom	e No. :		
手提电话:			住家	电话:		
, ,,,,			,	·		
Are you a mer	nber of our	Society?	☐ Yes / 툿	星 (会员号码	∄:	_)
您是本会会员	员?		□ No/ 7	是 (系统号	福:	_)
I declare that the above personal particulars are correct. 兹证明我所提供的资料正确无误。  I have read and understood the rules.  本人已阅读并了解八关斋戒所应注意事项。						
Date / 日期 : Signature / 签名:						
For Official Use / 本会专用						
金额 Fee : □会员-\$15 □非会员-\$20						
□Cash □PayNow □Nets: □Cheque:						
收据号码:			经手人/	日期:		

Participant's Copy 参加者附件



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#### 敬祝

身心安康,法喜充满。



本会专用:	
小学专用:	
TH A 4 / I I :	

八关斋戒报名表格 (2026)

Observance date: *请圈 /please circle						
斋戒日期:	21/03	23/05	25/07	26/09	28/11/2026	
Name: 姓名:						
Gender 性别:	☐ Male	/ 男   ロ	Female / 女	ζ		
HP No. :			Hom	e No. :		
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For Official Use / 本会专用						
金额 Fee : □会员-\$15 □非会员-\$20						
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收据号码:			经手人/	日期:		

Participant's Copy 参加者附件



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## **Eight Precepts Observance**

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身心安康,法喜充满。



本会专用:	
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八关斋戒报名表格 (2026)

Observance date: *请圈 /please circle						
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Gender 性别:	☐ Male	/ 男   ロ	Female / 女	ζ		
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Participant's Copy 参加者附件



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- 3. PavNow (UEN: S88SS0090C).

Please Email or WhatsApp your Full Name, Contact Number and transaction reference to us.

请将您的姓名、联络电话及转账交易记录发电邮或WhatsApp给我们电邮/Email: enquiries@sagaramudra.org.sg / WhatsApp (91732249)

#### 敬祝

身心安康,法喜充满。



本会专用:	
小学专用:	
TH A 4 / I I :	

八关斋戒报名表格 (2026)

Observance date: *请圈 /please circle						
斋戒日期:	21/03	23/05	25/07	26/09	28/11/2026	
Name: 姓名:						
Gender 性别:	☐ Male	/ 男   ロ	Female / 女	ζ		
HP No. :			Hom	e No. :		
手提电话:			住家	电话:		
, ,,,,			,	·		
Are you a mer	nber of our	Society?	☐ Yes / 툿	星 (会员号码	∄:	_)
您是本会会员	员?		□ No/ 7	是 (系统号	福:	_)
I declare that the above personal particulars are correct. 兹证明我所提供的资料正确无误。  I have read and understood the rules.  本人已阅读并了解八关斋戒所应注意事项。						
Date / 日期 : Signature / 签名:						
For Official Use / 本会专用						
金额 Fee : □会员-\$15 □非会员-\$20						
□Cash □PayNow □Nets: □Cheque:						
收据号码:			经手人/	日期:		

Participant's Copy 参加者附件



5 Lor 29 Geylang Singapore 388060 Tel : 6746 7582

www.sagaramudra.org.sg

## **Eight Precepts Observance**

# 欢迎您参加海印学佛会主办的八关斋戒

Observance date 斋戒日期: 21/03 23/05 25/07 26/09 28/11/2026 Observance time 斋戒时间: 9.00 am 至 8.00 pm (星期六/Saturday)

Observance Venue 报到地点: Sagaramudra Buddhist Society 4<sup>th</sup> Floor Shrine Hall 海印学佛会四楼大殿

## \* Please report in earlier 30 minutes / 请提前半小时报到

#### Notes / 注意事项:

- 1. Please bring your own HaiQing robe, jacket, tower etc. to keep warm. 请自备海青、外套、大毛巾等以保暖。
- 2. Please wear loose-fitting and simple clothing to facilitate meditation and other activities. 请穿宽松及朴素的衣服,方便打坐及其他活动。
- 3. Please do not bring valuables as the society will not be responsible for any loss. 请勿携带贵重物品。(如有遗失,恕本学会不负责。)
- 4. Please do not adorn jewellery and perfume.
  - 不得涂香水及佩戴任何首饰。
- 5. In order to facilitate self-discovery and self-mastery, please practice silence and maintain peace and quiet.

  李动期间 为法列户我发现 白我觉据 西如或克得法条 娇须"林海" 不得对
  - 斋戒期间,为达到自我发现、自我掌握,要把戒守得清净,故须"禁语",不得对外联络。
- 6. Please switch your mobile devices to silent mode. 携带手机者,请关机或转到无声状态。
- 7. Please change your clothing in the washroom. 只能在洗手间内更衣。
- 8. Please do not leave the premises unnecessarily. 请不要随意离开八关斋戒活动范围。

- 9. Please avoid packing your things during the resting period as the noise created (e.g. the rustling of plastic bags) may disturb others.
  休息时,请避免收拾东西或翻动塑胶袋制造吵杂声,干扰佛友休息。
- 10. The society will not be liable for any injury, damage, financial or other losses arising from this activity.

- 11. Registration is confirmed upon payment and it is not transferable. 报名付费后方确定名额,名额不得转让/更改日期。
- 12. Kindly inform us if you are not able to attend. Fees paid will not be refunded. 报名后若无法参加请通知本会,恕不退款。

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