本会专用：_____

SAGARAMUDRA BUDDHIST SOCIETY

海印学佛会

八关斋戒报名表格 (2026)

Observance date： *请圈 /please circle

斋戒日期： **21/03　23/05　25/07　26/09　28/11/2026**

Name：
姓名：

Gender 性别: ☐ **Male** / 男　☐ **Female** / 女

HP No.： 手提电话：	**Home No.**： 住家电话：

Are you a member of our Society? ☐ **Yes** / 是 (会员号码 ：_____)

您是本会会员? ☐ **No** / 不是 (系统号码 ：_____)

I declare that the above personal particulars are correct.
兹证明我所提供的资料正确无误。

I have read and understood the rules.
本人已阅读并了解八关斋戒所应注意事项。

Date / 日期 ：_____　**Signature** / 签名：_____

For Official Use / 本会专用

金额 **Fee**：☐会员-**$15**　☐非会员-**$20**

☐**Cash**　☐**PayNow**　☐**Nets:** _____　☐**Cheque:** _____

收据号码：	经手人/日期：

Participant's Copy
参加者附件

Sagaramudra Buddhist Society 海印学佛会

5 Lor 29 Geylang
Singapore 388060
Tel : 6746 7582
www.sagaramudra.org.sg

Eight Precepts Observance
欢迎您参加海印学佛会主办的八关斋戒

Observance date 斋戒日期：**21/03　23/05　25/07　26/09　28/11/2026**

Observance time 斋戒时间：**9.00 am** 至 **8.00 pm**（星期六/**Saturday**）

Observance Venue 报到地点： Sagaramudra Buddhist Society 4th Floor Shrine Hall
海印学佛会四楼大殿

*** Please report in earlier 30 minutes / 请提前半小时报到**

Notes / 注意事项：

1. Please bring your own HaiQing robe, jacket, tower etc. to keep warm.
   请自备海青、外套、大毛巾等以保暖。
2. Please wear loose-fitting and simple clothing to facilitate meditation and other activities.
   请穿宽松及朴素的衣服，方便打坐及其他活动。
3. Please do not bring valuables as the society will not be responsible for any loss.
   请勿携带贵重物品。（如有遗失，恕本学会不负责。）
4. Please do not adorn jewellery and perfume.
   不得涂香水及佩戴任何首饰。
5. In order to facilitate self-discovery and self-mastery, please practice silence and maintain peace and quiet.
   斋戒期间，为达到自我发现、自我掌握，要把戒守得清净，故须“禁语”，不得对外联络。
6. Please switch your mobile devices to silent mode.
   携带手机者，请关机或转到无声状态。
7. Please change your clothing in the washroom.
   只能在洗手间内更衣。
8. Please do not leave the premises unnecessarily.
   请不要随意离开八关斋戒活动范围。

Page turn over / 续背页

9. Please avoid packing your things during the resting period as the noise created (e.g. the rustling of plastic bags) may disturb others.
休息时，请避免收拾东西或翻动塑胶袋制造吵杂声，干扰佛友休息。

10. The society will not be liable for any injury, damage, financial or other losses arising from this activity.
海印学佛会概不负责此八关斋戒所有受戒者遭遇的任何伤亡、毁损或财务损失，包括所有与此相关的索偿费用。

11. Registration is confirmed upon payment and it is not transferable.
报名付费后方确定名额，名额不得转让/更改日期。

12. Kindly inform us if you are not able to attend. Fees paid will not be refunded.
报名后若无法参加请通知本会；恕不退款。

Remark 备注 ：

#Visitors are not required to be fully vaccinated.
戒子无需完成疫苗接种。

#Please rest at home if you feeling unwell.
若您感到身体不适，请在家休息。

#As we are having precept indoor and in enclosed air-conditioned environment, the Society encourage you to wear your mask (Not Compulsory).
由于在封闭式空调的环境受戒，学会建议戒子们戴上口罩（不强制）。

Please note 请注意:

By submitting this form, I consent to the collection, use, and disclosure of my personal data by Sagaramudra Buddhist Society. Please refer to **www.sagaramudra.org.sg/privacy** for details.
通过提交此表格，我同意海印学佛会收集、使用和披露我的个人数据。请参阅 **www.sagaramudra.org.sg/privacy** 了解详情。

Payment Method / 付款方式:

1. For payment by cheque, please cross the cheque and make it payable to: "**Sagaramudra Buddhist Society**".
若以支票付款，请画双线。收款者："**Sagaramudra Buddhist Society**"。

2. For cash/NETS payment, kindly visit the society 4 level counter during office hours.
若以现金/NETS付款，则请于办公时间亲临本会四楼柜台。

3. PayNow (UEN : S88SS0090C).
Please Email or WhatsApp your Full Name, Contact Number and transaction reference to us.
请将您的姓名、联络电话及转账交易记录发电邮或WhatsApp给我们
电邮/Email: enquiries@sagaramudra.org.sg / WhatsApp (91732249)

敬祝

身心安康，法喜充满。

With Metta.

Sagaramudra Buddhist Society 海印学佛会